



walking with purpose

# Opening Your Heart/Keeping in Balance Calendar

*Bring your study guide and Bible each week*

Mondays from 9-10:30am

Session	Date	Opening Your Heart	Keeping in Balance
1	9/25	Connect Coffee: Four Steps to WWP	Getting a Grip Through Authenticity
2	10/2	Who is Jesus Christ?	Balance Through Authenticity
3	10/16	Why is Jesus Interested in My Friendship?	Balance Through Priorities
4	10/23	Why and How Should I Pray?	Balancing Expectations
5	10/30	Connect Coffee: God - First Place in All Things	Getting a Grip Through Relationships
6	11/6	Who is the Holy Spirit?	Balance Through Relationships
7	11/13	Why Should I Read the Bible?	Balance Through Worship
8	11/27	What is Grace; What Difference Does It Make?	Balance in Your Schedule
9	12/4	What are the Limits of Christ's Forgiveness?	Balance Through Rest
10	1/8	Connect Coffee: Your Heart - You are Captivating	Getting a Grip Through Rest
11	1/22	What Does the Sacrament of Penance Have to Do with My Friendship with Christ?	Balance Through Service
12	1/29	What Does the Eucharist Have to do with My Friendship with Christ?	Balance Through Contentment
13	2/5	How Can I Conquer My Fears?	Balance Through Simplicity
14	2/12	Connect Coffee: Marriage Transformed by Grace	Getting a Grip Through Simplicity
15	2/26	What is the Role of Suffering in My Life?	Balancing Our Cravings
16	3/4	What Does Mary Have to do with My Relationship with Christ?	Balance Through Self-Discipline
17	3/11	Can God Really Change Me or Is That Just Wishful Thinking?	Balance Through Surrender
18	3/18	Connect Coffee: Reaching Your Child's Heart	Getting a Grip When It All Falls Apart
19	4/15	What Challenges Will I Face in My Efforts to Follow Jesus More Closely?	Balance Between Mediocrity and Perfectionism
20	4/22	What is the Relevance of the Church in My Life?	Balance in Our Thought Life
21	4/29	How Do I Read the Bible in a Meaningful Way?	Balance Through Engaging Culture
22	5/6	Connect Coffee: Set the World on Fire	Getting a Grip in Culture



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## Opening Your Heart/Keeping in Balance Calendar

*Bring your study guide and Bible each week*

Tuesdays from 6:30-8pm

Session	Date	Opening Your Heart	Keeping in Balance
1	9/26	Connect Coffee: Four Steps to WWP	Getting a Grip Through Authenticity
2	10/3	Who is Jesus Christ?	Balance Through Authenticity
3	10/10	Why is Jesus Interested in My Friendship?	Balance Through Priorities
4	10/17	Why and How Should I Pray?	Balancing Expectations
5	10/24	Connect Coffee: God - First Place in All Things	Getting a Grip Through Relationships
6	11/7	Who is the Holy Spirit?	Balance Through Relationships
7	11/14	Why Should I Read the Bible?	Balance Through Worship
8	11/28	What is Grace; What Difference Does It Make?	Balance in Your Schedule
9	12/4	What are the Limits of Christ's Forgiveness?	Balance Through Rest
10	1/9	Connect Coffee: Your Heart - You are Captivating	Getting a Grip Through Rest
11	1/23	What Does the Sacrament of Penance Have to Do with My Friendship with Christ?	Balance Through Service
12	1/30	What Does the Eucharist Have to do with My Friendship with Christ?	Balance Through Contentment
13	2/6	How Can I Conquer My Fears?	Balance Through Simplicity
14	2/13	Connect Coffee: Marriage Transformed by Grace	Getting a Grip Through Simplicity
15	2/27	What is the Role of Suffering in My Life?	Balancing Our Cravings
16	3/5	What Does Mary Have to do with My Relationship with Christ?	Balance Through Self-Discipline
17	3/12	Can God Really Change Me or Is That Just Wishful Thinking?	Balance Through Surrender
18	3/19	Connect Coffee: Reaching Your Child's Heart	Getting a Grip When It All Falls Apart
19	4/16	What Challenges Will I Face in My Efforts to Follow Jesus More Closely?	Balance Between Mediocrity and Perfectionism
20	4/23	What is the Relevance of the Church in My Life?	Balance in Our Thought Life
21	4/30	How Do I Read the Bible in a Meaningful Way?	Balance Through Engaging Culture
22	5/7	Connect Coffee: Set the World on Fire	Getting a Grip in Culture