

ST. LUKE THE EVANGELIST CATHOLIC CHURCH

RESOURCES FOR CONFIRMATION SPONSORS

A Note to Sponsors

Dear Confirmation Sponsor,

Congratulations on the honor of being asked to accompany one of St. Luke's candidates as they enter a deeper relationship with our Lord and Savior, Jesus Christ. Your candidate searched for someone who loves Jesus and the Catholic Church and whose life bears the fruit of that love. They considered who would teach them who Jesus is and how to live in relationship with Him. Knowing that they needed to be comfortable sharing with a sponsor, your candidate discerned who they could trust. **And they chose you.**

There is no recipe for being a perfect sponsor. At St. Luke, we do not have a program or activities for you to do together because we desire this sacred relationship to be guided by the Holy Spirit. **Please meet with your candidate at least monthly for their two years of formation** – this is a time commitment, and a very worthy one. Pray with (and for) your candidate. Encourage them to pray out loud and from the heart. Lead them close to our Lord in the Sacraments, especially the Eucharist and Reconciliation. Receive these Sacraments alongside them, witnessing to them that your faith is for real. You know your candidate well; lead them in activities that will interest them. Read Scripture, lead them in different ways to pray, watch informational videos or The Chosen, read books, listen to podcasts, and **talk about all of it.** Let them ask questions and share their excitement, revelations, boredom, confusion, or doubts. Listen without judgment and help them lean into Catholic Teaching. **You are making a lasting impact on your candidate's life.**

If you have any questions, please email our Director of Faith Formation at FaithDirector@STLRNC.org or call the office at (919)848-1533. **We are here to support you as you accompany your candidate.**

“Remember you leaders who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith. Jesus Christ is the same yesterday, today, and forever” (Hebrews 13:7-8). May the peace of Christ which surpasses all understanding be with you always.

Encounters with God

- Sacraments:
 - Attend daily, Sunday, or Holy Day Mass together
 - Spend time together in Adoration
 - Go to Reconciliation together
- Prayer:
 - Read Scripture together, especially the Sunday Mass readings
 - Pray the Liturgy of the Hours, the Rosary, the Divine Mercy Chaplet, or Lectio Divina together
 - Pray out loud together, especially ACTS ([Adoration, Confession, Thanksgiving, Supplication](#))
 - Talk about how God is living and active in your lives

Podcast Recommendations

- [Charisms for Catholics](#) – Jill Simons & Many Parts Ministries
- [The Fr. Mike Schmitz Catholic Podcast](#) – Ascension
- [Ask Father Josh \(Your Catholic Question and Answer Podcast\)](#) - Ascension
- [The Saint of the Day Podcast](#) – Good Catholic™
- [Catholic Saints](#) – Augustine Institute

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Book Recommendations

- [I Believe in Love by Fr. Jean D'Elbee](#)
- [Rediscover Catholicism by Matthew Kelly](#)
- [Made for Love, Loved by God by Fr. Peter Cameron](#)
- [Did Adam & Eve Have Belly Buttons? by Matthew J. Pinto](#)
- [By Fr. Jacques Philippe:](#)
 - [In the School of the Holy Spirit](#)
 - [Interior Freedom](#)
 - [Searching for and Maintaining Peace](#)
 - [Thirsting for Prayer](#)
 - [Called to Life](#)
 - [The Eight Doors of the Kingdom](#)

Series, Videos, and Audio Found on Formed.org

- [Confirmation: The Sacrament of Evangelization and Martyrdom](#)
- [ECHO with Bishop Donald Hying](#)
 - [Receive the Holy Spirit](#)
 - [Confirmation: Consecrated for Mission](#)
- [Real + True](#)
 - [What happens at Confirmation?](#)
 - [What it means to be transformed by the Holy Spirit](#)
 - [The Holy Spirit is the Lord and Giver of Life](#)
 - [Is Confirmation a graduation from our faith?](#)
 - [Why do we take a saint's name at Confirmation?](#)
- [We Must Go Out: The Sacrament of Confirmation by Fr. Mike Schmitz](#)
- [The Chosen](#)
- [The Wild Goose with Fr. Dave Pivonka](#)
- [Metanoia: A Journey With Christ Into Conversion with Fr. Dave Pivonka](#)
- [Sent By The Spirit - The Sacrament of Confirmation with Dr. Brant Pitre](#)
- YDisciple
 - [The Invitation: A 4-Part Series on Discipleship for Teens](#)
 - [Never Alone: Life with the Holy Spirit](#)
 - [The Holy Spirit and the Life of Grace with Dr. Tim Gray](#)
 - [The Power of the Holy Spirit with Steve Pries](#)
- [The Search Begins with Chris Stefanick](#)
- [The Word Conference](#)
 - [The Holy Spirit's Role In Reading Scripture with Fr. Joe Espallat](#)
 - [Calling on the Holy Spirit with Ricky Vasquez](#)
 - [Five Practical Steps to Staying Focused and Hearing God's Voice in Scripture](#)